

# Electronic Communication Policy

In order to maintain clarity regarding our use of electronic modes of communication during your treatment, I have prepared the following policy. This is because the use of various types of electronic communications is common in our society, and many individuals believe this is the preferred method of communication with others, whether their relationships are social or professional. Many of these common modes of communication, however, put your privacy at risk and can be inconsistent with the law and with the standards of my profession. Consequently, this policy has been prepared to assure the security and confidentiality of your treatment and to assure that it is consistent with ethics and the law.

If you have any questions about this policy, please feel free to discuss this with me.

## Email Communications

I use email communication that is set up through TherapyAppointment.Com and is HIPAA compliant. Please use the HIPAA compliant messaging on [TherapyAppointment.com](http://TherapyAppointment.com) if you need to inform me of something before your session. This message system allows you to relay information that I can use or address in your next session. I am unable to exchange emails with advice and direction that should be reserved for therapy sessions. Please do not email me via regular email sites like yahoo, gmail and aol. If you need to discuss a clinical matter with me, please feel free to call me so we can discuss it on the phone or wait so we can discuss it during your therapy session. The telephone or face-to-face context simply is much more secure as a mode of communication. Refer to the Therapy Agreement on my website ([aliciasnow.com](http://aliciasnow.com)) for the charges applied for therapeutic phone calls.

\_\_\_\_\_ Initial

**My initials here indicate that I have recorded my login and password in a secure place. I understand that my login information is useful for retrieving receipts for payments made, setting/cancelling appointments and sending messages to Dr. Snow \_\_\_\_\_ Initial**

## Text Messaging

Because text messaging is a very unsecured and impersonal mode of communication, I do not text message to nor do I respond to text messages from anyone in treatment with me. So, please do not text message me unless we have made other arrangements. If you cannot get to a computer, you may send a Text message for last minute cancellations. Remember that you are billed for cancellations that do not occur 24 hours before your session. \_\_\_\_\_ Initial

## Social Media

I do not communicate with, or contact, any of my clients through social media platforms like Twitter and Facebook. In addition, if I discover that I have accidentally established an online relationship with you, I will cancel that relationship. This is because these types of casual social contacts can create significant security risks for you.

I participate on various social networks, but not in my professional capacity. If you have an online presence, there is a possibility that you may encounter me by accident. If that occurs, please discuss it with me during our time together. I believe that any communications with clients online have a high potential to compromise the professional relationship. In addition, please do not try to contact me in this way. I will not respond and will terminate any online contact no matter how accidental.

## Website [AliciaSnow.com](http://AliciaSnow.com)

I have a website that you are free to access. It provides information about me and my practice. You are welcome to access and review the information that I have on my website and, if you have questions about it, we should discuss this during your therapy sessions.

## Web Searches

I will not use web searches to gather information about you without your permission. I believe that this violates your privacy rights; however, I understand that you might choose to gather information about me in this way. In this day and age there is an incredible amount of information available about individuals on the internet, much of which may actually be known to that person and some of which may be inaccurate or unknown. If you encounter any information about me through web searches, or in any other fashion for that matter, please discuss this with me during our time together so that we can deal with it and its potential impact on your treatment.

Recently it has become fashionable for clients to review their health care provider on various websites. Unfortunately, mental health professionals cannot respond to such comments and related errors because of confidentiality restrictions. If you encounter such reviews of me or any professional with whom you are working, please share it with me so we can discuss it and its potential impact on your therapy. Please do not rate my work with you while we are in treatment together on any of these websites. This is because it has a significant potential to damage our ability to work together.

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Print Name

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Date

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Signature